

Read Book The  
Top Five

The Top Five  
Regrets Of The  
Dying A Life  
Transformed By  
The Dearly  
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as review the top five regrets of the dying a life transformed by the dearly departing reprint edition what you taking into account to read!

The Top Five Regrets of  
the Dying - Bronnie

Ware REGRET-FREE

LIVING | Bronnie Ware

| TEDxGraz #202

~~Bronnie Ware - The Top  
5 Regrets Of The Dying~~

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The Top 5 Regrets Of  
The Dying (Don't Let  
This Be You)

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The Top Five Regrets of  
the Dying **بالتك** The  
top five regrets of the  
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summary The Top 5

Regrets of the Dying  
with Lewis Howes

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☐☐BRONNIE WARE:  
How to Live without  
Regrets! | Top 5 Regrets  
of the Dying

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Five Regrets of The  
Dying: Marie Forleo  
& Bronnie Ware

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Book: The Top Five  
Regrets of the Dying

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The top Five regrets of  
the dying The Top Five  
Regrets of the Dying  
(2019 Edition) | Bronnie

Ware ~~The Top Five  
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Motivational Video by  
Anurag Rishi~~ The Top

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Five Regrets Of The  
Dying | Avoid These At  
All Cost! | Animated  
Actualization Top Five

regrets of the dying ( by:  
meditateray ) The Top  
Five Regrets Of The  
Dying | Hindi Book

Summary

|#NidhiVadhera

|#5minutekakitabigyan

|#Eps28 ~~Bronnie Ware:~~

~~The Top Five Regrets of~~

~~the Dying~~ THE STORY



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OF 5 REGRETS (and  
why you just need to  
take the first step):

Bronnie Ware

Season 2 Book 29:

"The Top Five Regrets  
of the Dying" by

Bronnie Ware The Top

Five Regrets of the

Dying Book summary

by Amit Kumar... The

Top Five Regrets Of

Here are my top five

regrets. 1) Not reading

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the reviews before I purchased the book. 2) Wasting money buying the book. 3) Reading the book. 4) Continuing to read the book hoping to find some redemptive quality to it even after I realized how bad it was. 5) Not returning the book to Amazon for a refund.

The Top Five Regrets of  
*Page 10/72*

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the Dying: A Life  
Transformed by ...

The Top 5 Regrets Of

The Dying. 1. I wish I'd

had the courage to live a

life true to myself, not

the life others expected

of me. 2. I wish I hadn't

worked so hard. 3. I

wish I'd had the courage

to express my feelings.

4. I wish I had stayed in

touch with my friends.

5. I wish that I had let

# Read Book The Top Five Regrets Of The Dying A Life

The Top 5 Regrets Of  
The Dying | HuffPost  
Top five regrets of the  
dying. "I wish I had had  
the courage to live a life  
true to myself, not the  
life others expected of  
me." "I wish I hadn't  
worked so hard ." "I  
wish I had had the courage  
to express my feelings."  
"I wish I had stayed in

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touch with my friends."

"I wish that I had let  
myself be ...

The Top Five Regrets of  
the Dying - Wikipedia  
Top five regrets of the  
dying. 1. I wish I'd had  
the courage to live a life  
true to myself, not the  
life others expected of  
me. 2. I wish I hadn't  
worked so hard. 3. I  
wish I'd had the courage

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to express my feelings.

4. I wish I had stayed in touch with my friends.

5. I wish that I had let myself be ...

Top five regrets of the dying | Death and dying | The Guardian

Transcript □ The Top 5 Regrets of The Dying □ Don't Let This Be You! (Inspiring Speech)

Australian nurse

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Bronnie Ware spent several years working as a nurse, caring for patients who had less than three months to live. She recorded their stories and shared their thoughts on life, in the book, *The Top Five Regrets of the Dying*. I ...

The Top 5 Regrets of  
The Dying - Don't Let  
*Page 15/72*

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This Be You!  
Book Mentioned: The  
Top 5 Regrets Of The  
Dying: <https://amzn.to/2M1tgYF> by Bronnie  
Ware: <https://www.bronnie.com> More  
Fearless Soul you can  
listen to every...

The Top 5 Regrets Of  
The Dying (Don't Let  
This Be You ...

Bronnie is best known



# Read Book The Top Five

as the author of the international bestselling memoir *The Top Five Regrets of the Dying*.

There is a reason her work has already left a positive imprint on millions around the globe and continues to inspire change every single day.

Bronnie Ware

De que te arrepentirás

*Page 17/72*

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antes de morir / The Top  
Five Regrets of the  
Dying: Los 5  
mandamientos para  
tener una vida plena / A  
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Wane, Bronnie,  
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De que te arrepentirás  
antes de morir / The Top  
Five...

Here are the most  
common five: 1. I wish  
I'd had the courage to  
live a life true to myself,  
not the life others  
expected of me. This  
was the most... 2. I wish  
I hadn't worked so hard.

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This came from every male patient that I nursed. They missed their children's youth...

3. I wish I'd had the courage ...

Regrets of the Dying  
Bronnie Ware

Eventually, in a book about the experience, she would distinctly identify "The Top Five Regrets of the Dying."

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They are: I wish I'd had the courage to live a life true to myself, not the life others expected of me. I wish I hadn't worked so much. I wish I'd had the courage to express my feelings. I wish I had stayed in touch with my friends.

Top Five Regrets of the  
Dying - Becoming  
Minimalist

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The Top Five Regrets of the Dying has already helped so many to find the courage they needed to create the life their heart wanted. It can help you too. 'This book had a profound effect on my life.' □ Dr Wayne W. Dyer . You deserve to live your best life, to learn true kindness towards yourself, to be courageous and proud of

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who you are....

Regrets of the Dying □  
Bronnie Ware

The regrets are 1) I wish I'd had the courage to live a life true to myself, not the life others expected of me; 2) I wish I hadn't worked so hard; 3) I wish I'd had the courage to express my feelings; 4) I wish I had stayed in touch with

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my friends; and 5) I  
wish I had left

The Top Five Regrets of  
the Dying: A Life

Transformed by ...

Here are the most  
common five: 1. I wish

I'd had the courage to  
live a life true to myself,  
not the life others

expected of me. This  
was the most... 2. I wish  
I didn't work so hard.



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This came from every male patient that I nursed. They missed their children's youth and... 3. I wish I'd had the ...

The Top Five Regrets of the Dying - UPLIFT

Here are my top five regrets. 1) Not reading the reviews before I purchased the book. 2) Wasting money buying

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the book. 3) Reading the book. 4) Continuing to read the book hoping to find some redemptive quality to it even after I realized how bad it was. 5) Not returning the book to Amazon for a refund.

The Top Five Regrets  
Of The Dying: A Life  
Transformed By ...  
Bronnie Ware is an

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author, songwriting  
teacher, and speaker  
from Australia. Her  
inspiring memoir, *The  
Top Five Regrets of the  
Dying*, has connected  
with hearts all over the  
world, with translations  
in 27 languages.

Bronnie lives in rural  
Australia and loves  
balance, simple living,  
and waking up to the  
songs of birds. ...

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## Regrets Of The

The Top Five Regrets of  
the Dying: A Life  
Transformed by ...

The Top Five Regrets of  
the Dying: A Life  
Transformed by the  
Dearly Departing gives  
hope for a ...

Amazon.com: The Top  
Five Regrets of the  
Dying: A Life ...

Here are my top five

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regrets. 1) Not reading the reviews before I purchased the book. 2) Wasting money buying the book. 3) Reading the book. 4) Continuing to read the book hoping to find some redemptive quality to it even after I realized how bad it was. 5) Not returning the book to Amazon for a refund.

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Amazon.com: Customer  
reviews: The Top Five  
Regrets of the ...

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Of The Dying Pdf Free  
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Of The Dying Pdf Free

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Download

The Top Five Regrets of the Dying gives hope for a better world. It is a story told through sharing her inspiring and honest journey, which will leave you feeling kinder towards yourself and others, and more determined to live the life you are truly here to live. This delightful memoir is a

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Top Five  
courageous, life-  
changing book.  
Dying A Life  
Transformed By  
The Dearly

Departing  
Reprint Edition  
Revised edition of the  
best-selling memoir that  
has been read by over a  
million people  
worldwide with  
translations in 29  
languages. After too  
many years of  
unfulfilling work,



# Read Book The Top Five

Bronnie Ware began searching for a job with heart. Despite having no formal qualifications or previous experience in the field, she found herself working in palliative care. During the time she spent tending to those who were dying, Bronnie's life was transformed. Later, she wrote an Internet blog post,

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outlining the most common regrets that the people she had cared for had expressed. The post gained so much momentum that it was viewed by more than three million readers worldwide in its first year. At the request of many, Bronnie subsequently wrote a book, *The Top Five Regrets of the Dying*, to

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share her story. Bronnie has had a colourful and diverse life. By applying the lessons of those nearing their death to her own life, she developed an understanding that it is possible for everyone, if we make the right choices, to die with peace of mind. In this revised edition of the best-selling memoir that

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has been read by over a  
million people  
worldwide, with  
translations in 29

languages, Bronnie  
expresses how  
significant these regrets  
are and how we can  
positively address these  
issues while we still  
have the time. The Top  
Five Regrets of the  
Dying gives hope for a  
better world. It is a

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courageous, life-  
changing book that will  
leave you feeling more  
compassionate and  
inspired to live the life  
you are truly here to  
live.

## Reprint Edition

A palliative care nurse  
collects the most  
common regrets of her  
terminally ill patients,  
and explains how to  
positively address issues

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before succumbing to  
illness or old age.

After too many years of  
unfulfilling work,  
Bronnie Ware began  
searching for a job with  
heart. Despite having no  
formal qualifications or  
experience, she found  
herself working in  
palliative care. Over the  
years she spent tending  
to the needs of those

# Read Book The Top Five

who were dying, Bronnie's life was transformed. Later, she wrote an Internet blog about the most common regrets expressed to her by the people she had cared for. The article, also called The Top Five Regrets of the Dying, gained so much momentum that it was read by more than three million people around

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the globe in its first year. At the requests of many, Bronnie now shares her own personal story. Bronnie has had a colourful and diverse past, but by applying the lessons of those nearing their death to her own life, she developed an understanding that it is possible for people, if they make the right choices, to die with



# Read Book The Top Five

peace of mind. In this book, she expresses in a heartfelt retelling how significant these regrets are and how we can positively address these issues while we still have the time. The Top Five Regrets of the Dying gives hope for a better world. It is a story told through sharing her inspiring and honest journey, which will

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leave you feeling kinder towards yourself and others, and more determined to live the life you are truly here to live. This delightful memoir is a courageous, life-changing book.

Reality and dream collide in Amy Bonnaffons's dazzling, darkly playful debut novel about a love affair

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between the living and the dead. For weeks, Rachel has been noticing the same golden-haired young man sitting at her Brooklyn bus stop, staring off with a melancholy air. When, one day, she finally musters the courage to introduce herself, the chemistry between them is undeniable: Thomas

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is wise, witty,  
handsome, mysterious,  
clearly a kindred spirit.  
There's just one tiny  
problem: He's dead.  
Stuck in a surreal limbo  
governed by  
bureaucracy, Thomas is  
unable to "cross over" to  
the afterlife until he  
completes a 90-day stint  
on earth, during which  
time he is forbidden to  
get involved with a

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member of the living -- lest he incur "regrets." When Thomas and Rachel break this rule, they unleash a cascade of bizarre, troubling consequences. Set in the hallucinatory borderland between life and death, *The Regrets* is a gloriously strange and breathtakingly sexy exploration of love, the cataclysmic power of

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fantasies, and the painful, exhilarating work of waking up to reality, told with uncommon grace and humor by a visionary artist at the height of her imaginative power.

Brutally honest, often hilarious, hard-won lessons in learning to love and care for yourself from a young

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vice president at  
Comedy Central who  
was called "ahead of her  
time" by Jordan Peele

"Compelling,  
persuasive, and useful  
no matter where you are  
in your life."--Chelsea

Handler, #1 New York  
Times bestselling author  
of Life Will Be the  
Death of Me "A

bracingly honest, funny  
read . . . like Wild meets

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You Are a Badass."--Adam Grant,  
#1 New York Times  
bestselling author of  
Give and Take,  
Originals, and Option B  
By the time she was in  
her late twenties, Tara  
Schuster was a rising  
TV executive who had  
worked for The Daily  
Show with Jon Stewart  
and helped launch Key  
& Peele to viral



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superstardom. By all appearances, she had mastered being a grown-up. But beneath that veneer of success, she was a chronically anxious, self-medicating mess. No one knew that her road to adulthood had been paved with depression, anxiety, and shame, owing in large part to her minimally parented upbringing.

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She realized she'd hit rock bottom when she drunk-dialed her therapist pleading for help. Buy Yourself the F\*cking Lilies is the story of Tara's path to re-parenting herself and becoming a "ninja of self-love." Through simple, daily rituals, Tara transformed her mind, body, and relationships, and shows

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how to \* fake gratitude  
until you actually feel  
gratitude \* excavate  
your emotional wounds  
and heal them with  
kindness \* identify your  
self-limiting beliefs,  
kick them to the curb,  
and start living a life  
you choose \* silence  
your inner frenemy and  
shield yourself from self-  
criticism \* carve out  
time each morning to

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start your day  
empowered, inspired,  
and ready to rule \*  
create a life you truly,  
totally f\*cking LOVE  
This is the book Tara  
wished someone had  
given her and it is the  
book many of us  
desperately need: a  
candid, hysterical,  
addictively readable,  
practical guide to  
growing up (no matter

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where you are in life)  
and learning to love  
yourself in a non-throw-  
up-in-your-mouth-it's-so-  
cheesy way.

□A gentle,  
knowledgeable guide to  
a fate we all share□ (The  
Washington Post): the  
first and only all-  
encompassing action  
plan for the end of life.

□There is nothing wrong

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with you for dying, hospice physician B.J. Miller and journalist and caregiver Shoshana Berger write in *A Beginner's Guide to the End*. "Our ultimate purpose here isn't so much to help you die as it is to free up as much life as possible until you do." Theirs is a clear-eyed and big-hearted action plan for

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approaching the end of life, written to help readers feel more in control of an experience that so often seems anything but controllable. Their book offers everything from step-by-step instructions for how to do your paperwork and navigate the healthcare system to answers to questions you might be afraid to

# Read Book The Top Five

ask your doctor, like whether or not sex is still okay when you're sick. Get advice for how to break the news to your employer, whether to share old secrets with your family, how to face friends who might not be as empathetic as you'd hoped, and how to talk to your children about your will. (Don't worry: if anyone gets



# Read Book The Top Five

snippy, it'll likely be their spouses, not them.)

There are also lessons for survivors, like how to shut down a loved one's social media accounts, clean out the house, and write a great eulogy. An honest, surprising, and detail-oriented guide to the most universal of all experiences, A

Beginner's Guide to the

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End is a book that every family should have, the equivalent of Dr. Spock but for this other phase of life

(New York Times bestselling author Dr. Abraham Verghese).

At last, freedom from burdensome regrets  
Everyone has regrets.  
But not everyone can overcome them, even

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when they interfere with  
the enjoyment of life.

With this book as  
your guide, you'll learn  
how to let go of past  
mistakes,  
lost opportunities, and  
failed expectations to  
live richly in a  
present filled with hope  
and new possibilities.

This wise,  
compassionate, and  
practical guide offers

# Read Book The Top Five

profound insights into  
the nature of regrets and  
how to overcome  
them. Grounded in

proven  
psychotherapeutic and  
spiritual principles,  
No Regrets brings

together the insights of  
mental

health professionals,  
spiritual teachers, and  
self-help experts. In No  
Regrets, you'll find: \* A

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structured ten-step program for letting go of burdensome regrets \* Powerful spiritual and psychological tools for overcoming regret, including creative visualization, journaling, affirmations, thought analysis, meditation, and sharing with others \* Insights into toxic thought patterns that create and

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supportregrets \* The

Persistent myths about  
forgiveness that keep us  
trapped in our regrets \*

Inspiring stories of  
people who have freed  
themselves from regret  
No Regrets will show

you a way out of the  
pain, guilt, and shame  
of the past and how to  
create a rich and  
rewarding life in  
the present. "Hamilton

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Beazley has the distinct ability to understand the most complex inner workings of the human spirit and mind. No Regrets is destined to take its place alongside the other great self-help guides of our time."

-Howard J. Shaffer,  
Ph.D., Associate  
Professor and Director  
Division on Addictions,  
Harvard Medical School

# Read Book The Top Five Regrets Of The Dying A Life

The New York Times  
bestselling authors of  
Switch and Made to  
Stick explore why  
certain brief experiences  
can jolt us and elevate  
us and change us—and  
how we can learn to  
create such  
extraordinary moments  
in our life and work.



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While human lives are endlessly variable, our most memorable positive moments are dominated by four elements: elevation, insight, pride, and connection. If we embrace these elements, we can conjure more moments that matter. What if a teacher could design a lesson that he knew his students would

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remember twenty years later? What if a manager knew how to create an experience that would delight customers?

What if you had a better sense of how to create memories that matter for your children? This book delves into some fascinating mysteries of experience: Why we tend to remember the best or worst moment of

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an experience, as well as the last moment, and forget the rest. Why we feel most comfortable when things are certain, but we feel most alive when they're not. And why our most cherished memories are clustered into a brief period during our youth.

Readers discover how brief experiences can change lives, such as the

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experiment in which two strangers meet in a room, and forty-five minutes later, they leave as best friends. (What happens in that time?) Or the tale of the world's youngest female billionaire, who credits her resilience to something her father asked the family at the dinner table. (What was that simple question?)

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Many of the defining moments in our lives are the result of accident or luck—but why would we leave our most meaningful, memorable moments to chance when we can create them? *The Power of Moments* shows us how to be the author of richer experiences.

In this six-session video

*Page 69/72*

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Bible study

(DVD/digital downloads  
sold separately), Andy  
Stanley gives you five

key questions to ask

when you have a

decision to make and

you're not sure what to

do. We never know

what or who hangs in

the balance of the

decisions we make. But

what we do know is

this: private decisions

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have public implications. Your private decisions probably won't stay private, and personal decisions will impact some other persons. These five simple questions will empower you to: Make better decisions with fewer regrets Pause when feeling tension over a decision Take the long

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view Look for the wise  
option Focus on the  
relational impact of  
decisions Designed for  
use with the Better  
Decisions, Fewer  
Regrets Video Study  
(sold separately).

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